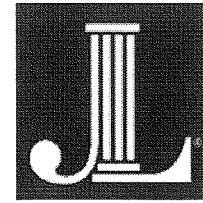


JUNIOR LEAGUE OF POUGHKEEPSIE



Presents

Girls' Empowerment Day

Come join us for a day of Girls' Empowerment on **February 23rd 2019 at the Marist College Boathouse from 10am - 2pm.** You will have the opportunity to meet and interact with local professional women offering insight on how to become a leader in your community and be an **Empowered** woman. Some of our featured guests will be discussing topics such as;

Career Goals

Volunteerism

Self -Esteem Building

Conflict Resolution

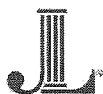
And much more!

Lunch & snacks will be provided.

Open to girls in grades 9 through 12. Seats are limited, please register now!

To register, simply complete the attached form and send an email to jlgirlsempowerment@gmail.com. Please visit us at www.jlpoughkeepsie.org for more information about our organization and what we do.

Hope to see you there!



**JUNIOR LEAGUE OF
POUGHKEEPSIE**

Women building better communities®

GIRLS' EMPOWERMENT DAY

Saturday February 23, 2019 10:00 am – 2:00 pm at Marist College
Cornell Boathouse: 3399 North Road, Poughkeepsie, NY 12601

Registration Form

Name: _____ Birth Date: ____/____/____

Home Phone: _____ Email: _____

Address: _____
(Street) (City) (State) (Zip)

School you Attend: _____ Grade: _____

Emergency Contacts:

Name	Relationship	Phone	Alt. Phone
Name	Relationship	Phone	Alt. Phone

Medical History: (Please explain any of the checked boxes below)

Allergies Dietary Restrictions Medications Illness/Health Concern Other

Statistical Information (only used for JLP grant applications):

Ethnicity: Hispanic Non-Hispanic Prefer not to answer
Race: White/Caucasian Black or African American Asian American Native/Alaskan Native
Native Hawaiian/Pacific Islander Other Prefer not to answer

Parent/Guardian Information:

Name: _____ Email: _____

Home Phone: _____ Cell Phone: _____ Other: _____

Address: _____
(Street) (City) (State) (Zip)

***Custodial Release:**

If an individual other than the child's legal guardian will be picking her up after the event, please provide the following:

Name & Relationship _____ Address: _____ Cell : _____

Photo Release:

I give the Junior League of Poughkeepsie permission to use photos, videos, direct quotes, and/or audio clips of my child participating in this event for the purpose of publications, promotional brochures, website, social media and other similar lawful purposes.

Please Check: YES NO Parent/Guardian initials: _____

Acknowledgement of Risk:

I acknowledge that my child will be participating in physical activity during this event. I have disclosed any health concerns in the Medical History portion of the form.

Parent/Guardian initials: _____

Participant Signature _____ Date _____

Parent/Guardian Signature _____ Date _____

Participant Survey:

1. What does *empowerment* mean to you?
2. Why do you want to participate in Girls' Empowerment Day?
3. Which careers or occupations interest you?
4. Would you like to partner with a mentor from Junior League of Poughkeepsie with whom you could regularly communicate?
5. How did you hear about the program?
6. Do you know a friend that may be interested in the program? List her name, email and phone number here so we may reach out.

Code of Conduct/Expectations:

I promise to respect the privacy of my fellow participants by maintaining confidentiality.
I will show respect to the speakers and volunteers by listening attentively and participating in group activities.
I will wear comfortable clothes so that I may participate in physical activities.
I will be "unplugged" from all technology during the program. (Cell phones are permitted during breaks)

Participant initials: _____

****Identification will be checked at pick up to match either parent/ guardian or custodian.***

*****Please e-mail completed form to jlpgirlsempowerment@gmail.com by January 31, 2019.***

***You can also email us with any questions you may have.
We are looking forward to meeting you!***